



CREATIVITY, ACTIVITY AND SERVICE (CAS) AT UWC

Going beyond the traditional academic route





All students at UWC complete a co-curricular programme called Creativity, Activity and Service (CAS) - an integral part of the academically-rigorous International Baccalaureate (IB).

The CAS programme ensures our education model goes beyond just academia. Students have the opportunity to connect with their classmates by participating in a range of exciting activities in the areas of arts, sports, and community service. They have a chance to collaborate with others, make their own choices, and feel a great sense of achievement and joy from what they do.

Many of the CAS initiatives are proposed and run by students, with a staff supervisor for support and guidance when needed.





CREATIVITY

These are experiences involving creative thinking and action around issues that matter to individual students. At UWC we encourage each of them to explore that creativity and channel it into art, crafts, dance, music, photography, web programming, writing and much more.



ACTIVITY

Students engage in a range of physical exercise and physical challenges. You could choose to continue with the sport you grew up loving, such as basketball, football, swimming and tennis. Or you could be trying something entirely new by exploring the local nature surrounding your UWC school, like snowboarding or orienteering in the beautiful mountains or kayaking in the sea or local lakes.



SERVICE

These initiatives are guided by a desire to engage and collaborate with a community where students want to make a difference. This could be a refugee centre, a home for the elderly, or a cineclub for local school children.



DRIVE POSITIVE CHANGE IN THE COMMUNITY BEYOND YOUR TIME AT UWC

Through CAS, students often end up discovering causes that matter to them.

Our education empowers young people to become active global citizens - changemakers: who have the skills, knowledge and understanding to make a positive impact on the world.

The principles behind CAS, and in particular its Service element, drive students to take on initiatives that have a tremendous ripple effect, still making a difference many years after they have left UWC. Developing this unique pro-social mindset often inspires our students to go beyond the requirements of the IB and develop projects that allow them to apply to grant schemes open to the UWC community.

These include [Young Aurora](#), presented by the Aurora Humanitarian Initiative, which aims to encourage, support, and showcase student-driven projects addressing humanitarian issues and offering solutions through innovative and sustainable approaches. Past winners, who were awarded a USD 4,000 grant, worked on projects such as coral reef restoration, managing biowaste or empowering refugees.

UWC students could also apply for USD 2,000 from [Go Make A Difference](#), which has supported more than 50 projects, including a peace initiative, fighting infant mortality and improving the lives of cancer patients.



WHAT CAS ACTIVITIES ARE OFFERED ACROSS UWC SCHOOLS?

While some CAS activities are likely to be offered at most UWC schools, many others differ from school to school as they make the most of the local environment and surrounding communities.





CAS OFFERING ACROSS UWC SCHOOLS*

Academic year 2023/2024**

CREATIVITY

UWC ADRIATIC UWC ATLANTIC UWC CHANGSHU CHINA UWC COSTA RICA UWC DILLJAN UWC EAST AFRICA UWC ISAK JAPAN LI PO CHUN UWC UWC MAASTRICHT UWC MAHINDRA COLLEGE UWC MOSTAR PEARSON COLLEGE UWC UWC RED CROSS UWC UWC ROBERT BOSCH COLLEGE UWC SOUTH EAST ASIA UWC THAILAND UWC USA WK UWC SA

	UWC ADRIATIC	UWC ATLANTIC	UWC CHANGSHU CHINA	UWC COSTA RICA	UWC DILLJAN	UWC EAST AFRICA	UWC ISAK JAPAN	LI PO CHUN UWC	UWC MAASTRICHT	UWC MAHINDRA COLLEGE	UWC MOSTAR	PEARSON COLLEGE UWC	UWC RED CROSS UWC	UWC ROBERT BOSCH COLLEGE	UWC SOUTH EAST ASIA	UWC THAILAND	UWC USA	WK UWC SA
3D MODELLING																		
ANTHROPOLOGY CLUB																		
ASTRONOMY																		
CERAMICS																		
CHESS																		
CHOIR																		
COOKING																		
CREATIVE WRITING																		
DRAMA CLUB & PRODUCTION																		
ECO CRAFTS																		
FASHION																		
GARDENING																		
IT PROGRAMMING																		
MODEL UNITED NATIONS																		
MUSIC COMPOSITION/ ENSEMBLE/ PRODUCTION																		
MUSICAL																		
ORCHESTRA																		
ORGANIC AGRICULTURE																		
PAINTING																		
PHOTOGRAPHY																		
PRINTMAKING																		
ROBOTICS																		
SCHOOL NEWSPAPER																		
SEWING/KNITTING																		
THEATRE TECH																		

*This is not an exhaustive list. Availability may change and is dependent on activity/timetable/demand/capacity combinations.

**2024 for Waterford Kamhlaba United World College of Southern Africa.



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Academic year 2023/2024**



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ARCHERY	■		■										■					
BADMINTON		■	■		■	■	■	■	■	■	■	■		■	■			■
BASKETBALL	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
BOAT BUILDING & POWERBOATING		■																
CANOING												■						
CLIMBING		■	■		■		■	■		■	■		■	■	■			■
CRICKET										■		■	■	■				
CYCLING			■	■			■	■	■									
DANCE (VARIOUS)	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
FOOTBALL	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
HIKING	■			■	■								■					■
HOCKEY														■				■
KARATE / MARTIAL ARTS	■			■					■	■								
KAYAKING	■		■				■	■				■						
MOUNTAIN BIKING								■					■					
RUGBY		■		■		■			■					■	■			■
SAILING	■		■												■			
SKIING	■			■		■					■	■						
SWIMMING	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
TENNIS		■	■		■	■	■	■	■		■			■	■	■	■	■
TRIATHLON													■					
VOLLEYBALL		■	■	■		■	■	■	■	■		■		■	■	■	■	■
YOGA	■	■	■	■		■	■		■	■	■	■	■		■	■	■	■
ZUMBA		■		■		■		■			■				■	■		

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SERVICE	UWC ADRIATIC	UWC ATLANTIC	UWC CHANGSHU CHINA	UWC COSTA RICA	UWC DILLJAN	UWC EAST AFRICA	UWC ISAK JAPAN	LI PO CHUN UWC	UWC MAASTRICHT	UWC MAHINDRA COLLEGE	PEARSON COLLEGE UWC	UWC RED CROSS UWC	UWC ROBERT BOSCH COLLEGE	UWC SOUTH EAST ASIA	UWC THAILAND	UWC USA	WK UWC SA
BEACH CLEANUP						■						■			■		
DOG SHELTER										■							
CORAL MONITORING						■											
DONKEY CARE & THERAPY		■															
ENGLISH LESSONS TO ADULTS	■									■							
ENGLISH LESSONS TO CHILDREN	■								■								
FIRE & RESCUE SERVICES									■								
FIRST AID								■				■	■				
GREEN CAMPUS INITIATIVES	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
LIBRARY SERVICES								■	■								
MUSIC THERAPY FOR DEMENTIA PATIENTS		■															
ORPHANAGE SUPPORT									■								
PEER SUPPORT	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
LOCAL SOUP KITCHEN SUPPORT																■	
WORK WITH ADULTS & CHILDREN WITH PHYSICAL DISABILITIES	■												■				
WORK WITH ELDERLY	■	■					■			■	■	■	■	■	■	■	
WORK WITH REFUGEES	■			■							■	■	■		■		

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Be a force for positive change in the world.

Apply to UWC today!